



Paravalvular Abscess of the Mechanical Prosthetic Aortic Valve: A Case Report

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Abstract

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BACKGROUND: Prosthetic mechanical valve endocarditis (PVE) can be manifested as early PVE (acquired perioperatively) and late PVE (resulting from infections unrelated to the valve operation). Causes of both are similar but late PVE are more prone to less virulent microbes. PVE resulting with paravalvular abscess is confirmed through echocardiography (transthoracic or transesophageal), it results with a high mortality rate especially if it is not early recognized. The aim of article was to present a patient with heart failure symptoms caused by PVE.

CASE PRESENTATION: Male patient, 44 years old, was admitted because of dyspnea and swelling of lower extremities. The patient is a long-standing heroin addict who had aortic valve replacement done 8 years ago due to endocarditis. The implanted valve was a mechanical aortic valve – Edwards MIRA bi-leaflet valve No 32 (Edwards Lifesciences; Irvine, California). He also was already diagnosed with hepatitis C years before. In multiple occasions were hospitalized on the Department of cardiology due to signs and symptoms of heart failure. On transthoracic echocardiography, dilatation of all heart chambers was found. The left ventricular systolic function was moderately reduced with an ejection fraction of left ventricle of 42% according to Simpson with restrictive filling pattern. Hypochoic mass along the right side of the mechanical aortic valve was noted measuring 3.57 × 1.03 cm.

CONCLUSION: Paravalvular abscess of mechanical heart valves is a very serious complication with a high mortality rate. It is essential to recognize this type of pathology as early as possible, so aggressive parenteral antibiotic therapy could be started, while in many cases, surgical reoperation is needed.

Introduction

The aim of article was to present a patient with heart failure symptoms caused by prosthetic mechanical valve endocarditis (PVE). PVE can be manifested as early PVE (acquired perioperatively) and late PVE (resulting from infections unrelated to the valve operation) [1]. Causes of both are similar, but late PVE are more prone to less virulent microbes. PVE resulting with paravalvular abscess is confirmed through echocardiography (transthoracic or transesophageal), it results with a high mortality rate especially if it is not early recognized. It is essential start aggressive parenteral antibiotic therapy as early as possible, while in many cases, surgical reoperation is needed.

Case Report

Male patient, 44 years old, was admitted because of dyspnea and swelling of lower extremities. The patient is a long-standing heroin addict who had

an aortic valve replacement done 8 years ago due to endocarditis. The implanted valve was a mechanical aortic valve – Edwards MIRA bi-leaflet valve No 32 (Edwards Lifesciences; Irvine, California). He also was already diagnosed with hepatitis C years before. In multiple occasions were hospitalized on the Department of cardiology due to signs and symptoms of heart failure.

At admission, the patient had heart failure signs with sinus tachycardia on the electrocardiogram. During physical examination, a metallic clic of the mechanical aortic valve was heard on stethoscope along with a diastolic murmur on the precordium with a p.m. above the aortic valve. Large pretibial edemas on both legs were present also. In laboratory findings non-specific inflammatory parameters were increased: leukocytes 21.0×10^9 g/L (ref. range $3.2\text{--}9.8 \times 10^9$ /L) and C-reactive protein 177.3 mg/L (ref. range. under 10 mg/L) along with signs of high grade microcytic anemia: Hematocrit 0.23 (ref. range 0.41–0.51); hemoglobin 73 g/L (ref. range 120–160 g/L); and mean corpuscular volume 81.2 fL (ref. range 80–95 fL). On transthoracic echocardiography, dilatation of all heart chambers was found. The left ventricular systolic function was moderately reduced with an ejection fraction of left ventricle of 42% according to Simpson with restrictive filling pattern. Hypochoic mass along the right side of the mechanical aortic valve was noted

measuring 3.57×1.03 cm (Figure 1). On the artificial aortic valve, a high degree – severe aortic regurgitation was verified with pressure half time 133 ms (Figure 2). Findings on the mitral valve showed a moderate degree of regurgitation. Severe regurgitation was found across the tricuspid valve with a systolic pressure in the pulmonary artery of 34 mmHg. Blood cultures were examined and showed no significant bacterial growth. At admission, dual parenteral antibiotic therapy was ordered. On the 7th day of hospitalization, the patient becomes hypotensive with signs of acute renal failure. Despite of the therapeutically measures that were taken, patients clinical worsening progressed and lethal outcome was declared.

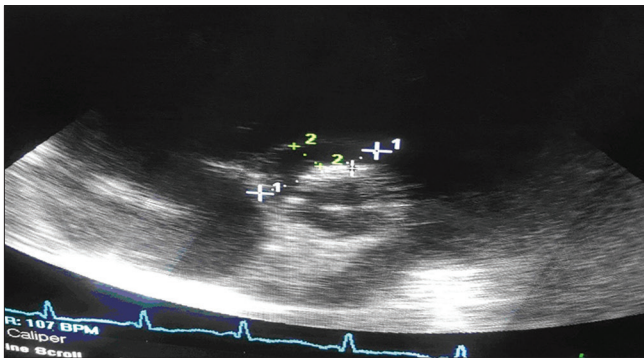


Figure 1: Paravalvular abscess on the mechanical aortic valve

Discussion

Mechanical valves have a fairly higher rate of early endocarditis incidence (1%) in comparison to biological valves [4]. Early aggressive antibiotic therapy is sometimes sufficient and there so no need to reoperate the patient [5]. Causes of late artificial valve endocarditis are similar to those in early endocarditis, but are more prone to less virulent microbes like *Staphylococcus epidermidis* [6]. The most common cause between intravenous drug

addicts is *Staphylococcus aureus* which causes 70% of endocarditis cases [7], [8]. In intravenous drug addicts, artificial valve endocarditis can be caused by Gram-negative bacteria such as *Pseudomonas aeruginosa*, *Candida albicans*, enterococci, *Serratia marcescens*, and *Streptococcus viridans* [1], [8], [9]. Patients usually have high fever that lasts for several days, while high fever that lasts more than 10 days should be suspected for infective endocarditis specially in patients who have heart issues and/or implanted artificial valves, in known drug addicts and in patients that went through a medical intervention [2], [3]. Paravalvular abscess is revealed by transthoracic or transesophageal echocardiography [10]. On echocardiography, the paravalvular abscess is shown as a hypoechoic area that forms around the valvular ring and usually causes a severe valve dysfunction manifested as massive regurgitation [1], [10]. Usually in laboratory findings, non-specific inflammatory parameters are increased, but blood cultures are negative. The cause of negative blood cultures can be the administration of antibiotics before taking blood examples for the culture itself [11]. A special issue in diagnosis and treatment is recurring infective endocarditis in both native and artificial valves. It represents a high threat for patients life and it requires intensive treatment that includes reoperation [12]. Paravalvular abscesses are a serious complications of infective endocarditis that can be recognized in echocardiography as a “empty space” [1], [13]. Thickening of the aortic root above 9 mm and aneurism of the valsalva sinus in patients with infective endocarditis are present as a consequence of the forming abscess in the surrounding tissue [13]. The treatment principles are the same as for other types of endocarditis. Parenteral antibiotic therapy is administered (4–6 weeks) alongside with antipyretics and other supportive therapy [14]. In this case, even though aggressive parenteral antibiotic therapy was started, lethal outcome came due to several concomitant reasons – severe aortic valve dysfunction together with previously reduced left ventricular systolic function and development of acute renal failure. In conclusion,

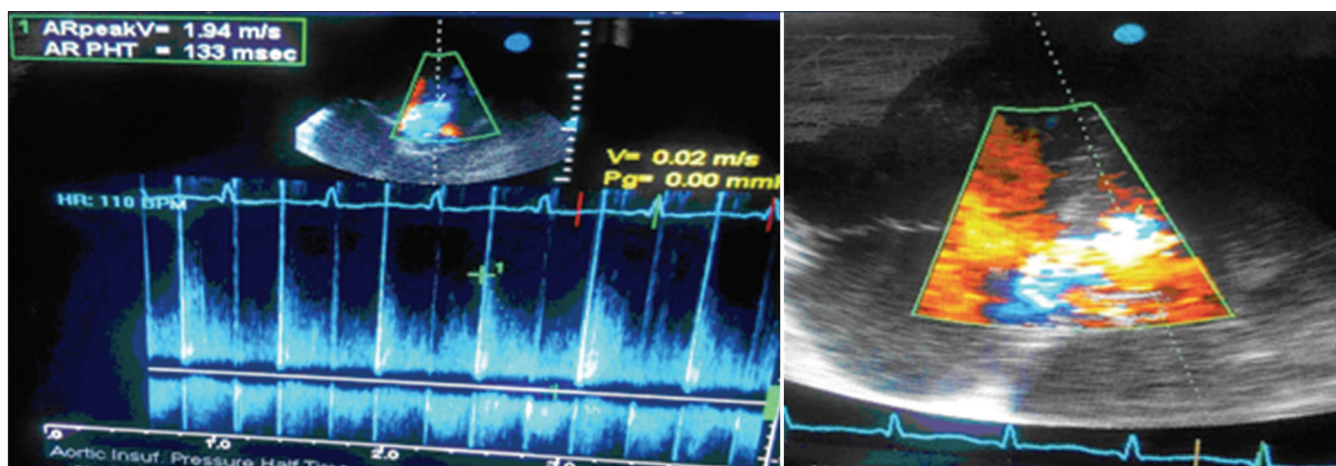


Figure 2: Severe aortic regurgitation

paravalvular abscess of mechanical heart valves is a very serious complication with a high mortality rate. It is essential to recognize this type of pathology as early as possible, so aggressive parenteral antibiotic therapy could be started, while in many cases, surgical reoperation is needed.

Informed Consent

Written informed consent was obtained from the family of patient for the publication of the case report and the accompanying images.

Authorship Contributions

Concept: D.M. and E.F.; Design: F.C. and E.B.; Supervision: D.M. and E.F.; Data collection: F.C. and E.B.; Literature search: F.C. and E.B.; and Writing: D.M., E.F., F.C., and E.B.

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